

Regional Workshop in Laayoune As Part of the Second Sport Nature Solidaires Pour Toutes Program Press Release

The **Lagon Dakhla** Association, in partnership with the **Phosboucraa Foundation**, is holding a workshop for women and women's associations in the Laâyoune-Sakia El Hamra region on December 20 and 21, 2018, as part of the second of the *Sport Nature Solidaire Pour Toutes* program.

Supported by the **Phosboucraa Foundation**, the *Sport Nature Solidaire Pour Toutes* program works to promote athletics and solidarity in the Southern regions, with the persuasion that athletics are a driver for development and social integration.

The program will include workshops led by the Lagon Dakhla Association involving organizing awareness-raising sessions on the values of athletics, civics, nutrition, and wellbeing, as well as outdoor athletics and introductory and training activities for outdoor athletics.

The Dakhla workshop held on December 15 and 16, 2018, was attended by 40 women, 20 of whom were selected. The Laayoune workshop scheduled for December 20 and 21 will target 70 women and will select 30.

In total, 70 women from the three Southern regions—including the Guelmim region, whose workshop is scheduled for January 5 and 6, 2019—will take part in the interregional competition to be held in Laayoune in January 2019.

In the end, the five best teams from the program will take part in the **Saharouiya 2019**, a solidarity-based women's athletic event to be held in February 2019.

By supporting this project, the Phosboucraa Foundation **aims to turn women's athletics into a vehicle for social integration. This is a regional promotion project that gives women equal opportunities to develop their talents.** It's also a **vehicle for transmitting civic values**, such as respect for the environment, respect for others, and sharing.

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