

Laayoune, Thursday, December 27, 2018

Launch of a Health, Safety, and Environment Training Program in Laayoune

A first session dedicated to Occupational Health and Safety

The Phosboucraa Foundation, in partnership with JESA, a company specializing in overall project management, launched a training program on Health, Safety, and Environment (HSE) for all building and public works companies and contractors in the Southern regions.

The program includes a series of training sessions: four on worksite safety and four on first aid in the workplace. The Phosboucraa Foundation aims to train 140 people through these two theoretical and practical courses.

The program began with two sessions on **Occupational Health and Safety**, which took place from **December 24 to 27, 2018**, at the Laayoune Learning Center, the Phosboucraa Foundation's training platform. Twenty-two people from nine local building and public works companies attended the four days of training.

By the end of the training, participants had learned the basic principles of prevention, workplace risk identification, as well as how to palpate and assist a victim while waiting for emergency personnel to arrive.

Participants received their Workplace First Aider certification from JESA for their first aid knowledge.

Open to all regional building and public works companies, this training program demonstrates the Phosboucraa Foundation's commitment to providing various contributors in the local business ecosystem with the opportunity to comply with international HSE standards and consolidate their expertise, both keys to success and performance.

HSE TRAINING PROGRAM
First session: Occupational Health and Safety
Schedule for December 24 to 27, 2018

1. RESCUE AND FIRST AID IN THE WORKPLACE

- > Occupational accidents within companies and in specific professions.
- > Importance of workplace risk prevention.
- > What are workplace first aiders?
 - Their role within and outside the company;
 - Coordination of their actions with others working on workplace prevention.
- > Presentation of the program:
 - Protection;
 - From protection to prevention;
 - Examination;
 - Alerting;
 - From alerting to informing;
 - Administration of first aid.

Methods for identifying ongoing hazards and rapidly examining victims will be reviewed during each practical session.

2. PROTECTION BY IDENTIFYING ONGOING HAZARDS

- > General prevention training:
 - The accident process: understanding the concepts of hazards/hazardous phenomenon, hazardous situations, hazardous events, damages, risks, etc.;
 - Understanding the basic principles of prevention.
 - > Making workplace first aiders able to fulfill their protection role by using the concepts developed in the current legislation on risk assessment (Labor Code, articles L 230-2 and R 230-1).
 - > In the event of a workplace accident, workplace first aiders must be able to:
 - Recognize, without exposing themselves to danger, potential ongoing hazards to the accident victim and in the environment.
 - > Identify hazards in the ongoing situation:
 - Mechanical or fall
 - Electrical
 - Fire, explosive, thermal
 - Toxic or unbreathable air
 - Others
 - > Identify those who may be exposed to identified hazards:
 - Remove or isolate the hazard, or remove the victim from the hazardous area without exposing themselves to hazards.
 - > Identify necessary actions to eliminate the identified hazard(s).
 - > Identify specific materials to facilitate elimination.
 - > Ensure that these materials are used by the person who is best qualified to completely eliminate the situation.
 - > Isolate an identified hazard to protect others from exposure when eliminating it is impractical.
 - > Find a non-hazardous position for the victim if removing or isolating the identified hazard(s) is impossible.
- Rescue devices and emergency removal techniques for these situations and company-specific risks.
- > Emergency removal by gripping the victim and pulling him/her on the ground.
- Special cases:
- > Protecting the population in the event of a siren alert.

3. From PROTECTION to PREVENTION

This part highlights the similarity of the first-aid skills workplace first aiders need both in terms of protection (response to a workplace accident) and prevention of workplace accidents and occupational diseases (intervention in a workplace situation).

It involves shifting the focus from protection to prevention.

This approach is continuously applied throughout the training, and, particularly, during simulated accidents.

4. EXAMINATION OF THE VICTIM AND ALERTING: > In the event of a workplace accident, workplace first aiders must be able to:

– Examine the victim(s) before choosing a course of action.

> Identify, in a specific order, the presence of one or more signs that the victim's life is at risk.

5. From ALERTING to INFORMING: This sequence is the logical continuation of PROTECTION to PREVENTION sequence. This part highlights the similarity of the first-aid skills the workplace first aider needs to alert emergency services in case of a workplace accident and transmit information within the company about observations that could have been made to identify hazards and/or actions that could have been implemented, in compliance with the company's structure and specific prevention procedures.

It involves shifting the focus from ALERTING to INFORMING.

6. ADMINISTERING FIRST AID

In the event of a workplace accident, workplace first aiders must be able to:

Respond appropriately (succession of actions) to the condition of the victim(s).

> Determine the action to be taken to achieve the desired result, which is inferred from the prior examination.

> Implement the action by referring to the recommended technique.

> Check, by observing the victim, that the desired result is achieved and maintained, and for new signs indicating that the victim's life is threatened until emergency personnel take charge of the victim.