

Athletic workshop in Guelmim

Last Phase Before the Interregional Athletic Competition

in Laayoune

Press Release

The Phosboucraa Foundation and the Lagon Dakhla Association are organizing the **third regional phase** of the *Sport Nature Solidaire Pour Toutes* athletic and solidarity program on January 5 and 6, 2019, in Guelmim.

The program will include a two-day workshop led by a professional coach who will provide women and women's associations in the Guelmim-Oued Noun region with awareness-raising sessions on athletic values, citizenship, nutrition, and wellbeing, as well as outdoor athletics and organizing introductory and training activities for outdoor athletics.

After the two days of training, 20 women from the Guelmim region will be selected to join the 50 women previously selected in Laayoune and Dakhla to take part in the interregional athletic competition to be held in Laayoune on January 19, 2019.

The interregional competition in Laayoune to benefit women is the first of its kind in the region. This new phase in the second *Sport Nature Solidaires Pour Toutes* program is a testament to the Phosboucraa Foundation's desire to work even harder to promote athletics and solidarity in the Southern regions as well as its conviction that athletics are a driver for development and social integration, a desire and conviction shared by the Lagon Dakhla Association.

By supporting this project, the Phosboucraa Foundation **aims to turn women's athletics into a vehicle for social integration. This is a regional promotion project that gives women equal opportunities to develop their talents.** It's also **a vehicle for transmitting civic values**, such as respect for the environment, respect for others, and sharing.

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